

# Leadership Development for Professionals

An 11-Week Training Program Price: \$2,200

This course is designed to equip professionals with the essential leadership skills needed to lead teams and organizations effectively. Through theoretical frameworks, practical exercises, and real-world case studies, participants will develop a deep understanding of leadership principles, self-awareness, and strategies for motivating and inspiring others.

## Week 1: Introduction to Leadership

- Session 1: Overview of Leadership Theories
- Session 2: Leadership vs. Management
- Session 3: Personal Leadership Assessments

## Week 2: Self-Awareness and Emotional Intelligence

- Session 1: Understanding Emotional Intelligence (EI)
- Session 2: Self-Awareness Exercises
- Session 3: Building El in Leadership

# Week 3: Leadership Styles and Strategies

- Session 1: Transformational vs. Transactional Leadership
- Session 2: Situational Leadership
- Session 3: Adaptive Leadership

# Week 4: Communication Skills for Leaders

- Session 1: Effective Communication Techniques
- Session 2: Active Listening
- Session 3: Public Speaking and Presentation Skills

# Week 5: Conflict Resolution and Negotiation

- Session 1: Conflict Management Strategies
- Session 2: Negotiation Techniques
- Session 3: Role-Playing Scenarios

CONTACT US (548) 490-4384 david@davidstraining.com http://davidstraining.com/ LOCATION

33 Camira Wy Winnipeg, MB R3R 2W9 2 Robert Speck Parkway Suite 750 Mississauga ON L4Z 1H8



# Leadership Development for Professionals

An 11-Week Training Program Price: \$2,200

#### Week 6: Team Leadership and Collaboration

- Session 1: Building High-Performance Teams
- Session 2: Team Dynamics and Group Behavior
- Session 3: Delegation and Empowerment

#### Week 7: Leading Organizational Change

- Session 1: Change Management Models
- Session 2: Overcoming Resistance to Change
- Session 3: Leading Innovation and Transformation

#### Week 8: Ethical Leadership and Corporate Responsibility

- Session 1: Ethics in Leadership
- Session 2: Corporate Social Responsibility (CSR)
- Session 3: Case Studies on Ethical Dilemmas

## Week 9: Diversity and Inclusion in Leadership

- Session 1: Importance of Diversity and Inclusion
- Session 2: Strategies for Inclusive Leadership
- Session 3: Addressing Bias and Promoting Equity

## Week 10: Truth and Reconciliation in Leadership

- Session 1: Understanding Truth and Reconciliation
- Session 2: The Role of Leaders in Reconciliation Efforts
- Session 3: Applying Principles of Truth and Reconciliation in Leadership

## Week 11: Personal Leadership Development Plan

- Session 1: Creating a Vision and Setting Goals
- Session 2: Personal SWOT Analysis
- Session 3: Crafting a Leadership Development Plan

CONTACT US (548) 490-4384 david@davidstraining.com http://davidstraining.com/

# LOCATION

33 Camira Wy Winnipeg, MB R3R 2W9 2 Robert Speck Parkway Suite 750 Mississauga ON L4Z 1H8